

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helgard van
Rensburg**

Has successfully participated & completed the
10km Cowhouse Winter Trail Run 2018
held at Cowhouse Market.

TIME 01:12:04

PACE 07:12/km
OVERALL 38 of 62

GENDER 17 of 35
60 - 69 2 of 2

28 July 2018, Sat

Date



BoutTime

Signature

